



OpioidCalc App

OpioidCalc is the New York City Department of Health and Mental Hygiene's (DOHMH) free app for prescribers to help identify patients' risk for overdose by calculating total morphine milligram equivalents (MME). Daily MME \geq 100 triggers an alert.

OPIOID PRESCRIBING: HIGH DOSE = HIGH RISK

Opioid dosages \geq 100 morphine milligram equivalents (MME) per day increase overdose risk by 9 times compared with dosages between 0 and 20 MME.

The DOHMH developed OpioidCalc, a free, mobile app for smartphones that quickly calculates a patient's total daily MME, based on type of opioid analgesic, strength, and quantity.

Total daily MME \geq 100 results in an alert, indicating an increased risk for overdose; the alert includes a recommendation to reassess the patient's pain status and treatment plan, and a link to the online [DOHMH opioid prescribing guidelines](#) for additional information.

Help Prevent Overdose — Download the Free OpioidCalc App

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