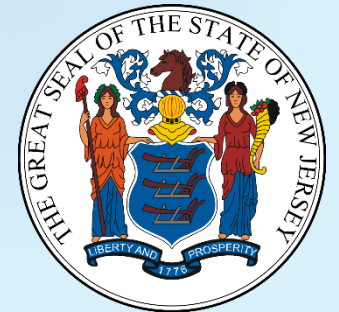


State of New Jersey Prescriber Education Initiatives

Sharon M. Joyce
Director of NJ CARES



Educating Practitioners Licensed by the Board of Medical Examiners

- Physicians
- Physician assistants
- Podiatrists
- Certified nurse midwives

BME FAQ's

In Depth Guidance:

- Five day rule for initial opioid prescriptions; subsequent prescriptions for acute pain
- Exemptions from the five day rule
- Prescribing for chronic pain
- Use of pain management agreements
- Written and electronic prescriptions
- Required discussions with minor patients on the risks of opioids
- Storage and disposal of opioids
- Useful resources

MSNJ Opioid Prescribing Guidelines

Quick & Easy Guidance:

- Opioid prescribing rules
- Practitioner obligations when treating chronic pain
- Monitoring patients through pain management agreements
- Discussions about the risks of opioids
- Mandatory PMP lookup obligations and exemptions
- Proper use of delegates to access PMP
- Red flags for diversion and abuse

PMP FAQ's

- Authorized users – who can access the PMP
- Improper access and disclosure – disciplinary action and civil penalty not to exceed \$10,000
- Information reported to the PMP
- Mandatory prescriber registration
- Mandatory lookups for prescribers
- Criteria for delegates and delegate registration
- Prescriber responsibility to supervise delegates – bi-annual audit
- Correcting errors in the PMP database

Standardized Statewide Continuing Education

- NJ statutory requirement for certain healthcare professionals obtain one credit of continuing education on prescription opioid related topics:
 - opioid prescribing
 - alternatives to opioids for managing and treating pain
 - risks and signs of opioid use, addiction and diversion
- Partnership with Rowan University School of Osteopathic Medicine
- Six educational modules tailored to licensee groups



MODULE I

Best Practices in Opioid Treatment and Management



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1 ORIGINS OF THE EPIDEMIC

2 TRENDS & STATISTICS

3 THE FUNCTION OF THE PRESCRIPTION MONITORING PROGRAM & PRACTITIONER OBLIGATIONS

4 PRESCRIBING OPIOIDS FOR ACUTE PAIN & CHRONIC PAIN: PRACTITIONER OBLIGATIONS

5 PATIENT SCREENING & RISK ASSESSMENT

6 CLINICAL PRESENTATION—PHYSICAL EXAM, DOSING, & TAPERING

7 NON-OPIOID & NON-PHARMACOLOGICAL PAIN MANAGEMENT APPROACHES

8 DATA 2000 OVERVIEW: TREATING PATIENTS WITH SUBSTANCE USE DISORDER IN AN OFFICE SETTING

9 CO-PRESCRIBING NALOXONE

10 GUIDELINES FOR SAFE DISPOSAL OF OPIOIDS

Module 1

Prescribers:

- Practitioner obligations (BME licensees, dentists, advanced practice nurses, and optometrists) with respect to the NJPMP: registration, delegation, delegate audits, mandatory lookups
- Opioid prescribing limitations
- Treating chronic pain patients
- CDC guidelines - prescribing, dosing, tapering
- Non-pharmacological pain management approaches
- Data waiver - treating patients with substance use disorder

Module 2

Pharmacists:

- Using the NJPMP to halt abuse and diversion
- Properly dispensing CDS (valid prescriptions, emergency dispensing, labeling requirements)
- Maintaining security controls against diversion
- Counseling patients and caregivers
- Standing orders and dispensing naloxone
- Recommending proper storage and disposal practices

Module 3

Mental health professionals:

- Counseling patients with opioid use disorder
- PMP access for mental health professionals at licensed residential facilities
- Limitations on psychosocial support
- Early intervention and treatment
- Non-pharmacological psychosocial interventions
- Trauma informed care
- Referral of patients to addiction treatment
- Breaking down stigma associated with SUD and MAT

Module 4

Nurses and Athletic Trainers:

- Limitations on acute and chronic pain support
- Discussing appropriate opioid use and alternatives to opioids
- Early identification/assessment of patients with OUD
- Patient communication strategies
- Proper management, storage and disposal of opioids
- Safe handling of opioids around children
- Using naloxone to respond to overdose – role of school nurses

Module 5

Screening, Brief Intervention, Referral to Treatment (“SBIRT”):

- Overview of SBIRT, with a focus on pregnant women and adolescents
- Comparison of other screening methodologies
- Strategies to minimize opioid use for pain management, including alternative pain therapies
- PCP referrals to addiction medicine specialists
- Referring patients to mental health professionals for psychiatric comorbidities, and primary care practitioners and infectious disease specialists for HIV, HBV, and HCV testing
- Naloxone co-prescribing and other harm reduction strategies

Module 6

Medication Assisted Treatment (“MAT”):

- Effectiveness of MAT modalities across the continuum of OUD severity
- Patient access to adjunctive treatments
(non-opioid pharmacotherapy, psychosocial interventions, peer support)
- Considerations for special populations
- Access to MAT in the emergency department
- Overcoming barriers to the provision of MAT in primary care, pain management, outpatient and inpatient detoxification settings
- Understanding gaps in the utilization of MAT

Links to our Resources

➤ **BME FAQ's**

<https://www.njconsumeraffairs.gov/prescribing-for-pain/Documents/FAQ-for-Practitioners-Licensed-by-BME.pdf>

➤ **BME Sample Pain Management Agreement**

<https://www.njconsumeraffairs.gov/prescribing-for-pain/Documents/Pain-Treatment-with-Opioid-Medications-Patient-Agreement.pdf>

➤ **MSNJ Opioid Prescribing Guidance**

www.msnj.org (See Resources, FAQ's, Opioid Epidemic)

➤ **Rowan SOM Continuing Medical Educations on Opioids for Prescribers**

<https://shop.rowan.edu/store/events/listings/21858>

Remediation Courses – CDS Prescribing

Intensive Course in Controlled Substance Management

Case Western University

<http://www.cme.cwru.edu>

Physician Prescribing Course

UCSD Pace Program

UCSD Medical Center

<http://www.paceprogram.ucsd.edu>

Appropriate Prescribing of Controlled Dangerous Substances

Center for Substance Abuse Education and Research

Mercer University Southern School of Pharmacy

www.mercer.edu/pharmacy/pharmacyce

Cont. – Remediation Courses

Prescribing for Controlled Drug

The Center for Professional Health at Vanderbilt

www.mc.Vanderbilt.edu/root/vume.php?site=cph&doc=479

MWRAP Course – Mini-Residency in Appropriate Prescribing

UMDNJ School of Osteopathic Medicine

<http://som.umdj.edu>

<http://som.umdj.edu/edu/education/continuing>

PBI

Prescribing: Opioids, Pain Management, and Addiction

Info@pbieducation.com

Indiscriminate Prescribing

- Across medical specialties
- Fraudulent prescriptions, prescribing without a legitimate medical purpose, prescribing in excessive volumes and dosages, prescribing in exchange for cash, criminal distribution
- Serious discipline by our licensing boards

Indiscriminate Prescribing Cases

Medical Licenses Revoked or Surrendered and CDS Registrations Revoked

- Binod Sinha, M.D., an *internist*
 - prescribed opioids at high dosages with no medical justification
 - accepted cash for prescriptions
 - failed to perform medical examinations prior to writing prescriptions
- Vivian Matalon, M.D., a *family physician*
 - prescribed restricted TIRF drug to non-cancer patients
- George Beecher, M.D., an *ear, nose and throat specialist*
 - supplied a drug ring with tens of thousands of 30 mg oxycodone pills
- Steven Gorcey, M.D., a *gastroenterologist*
 - prescribed narcotics to relatives
 - stole prescriptions for himself

New Strategies – Project ECHO

- Ongoing telementoring system
- Primary care practitioners collaborate with specialist mentors at an academic hub
- Specialist panels with experts in pharmacy, sports rehabilitation, addiction psychiatry, primary care, pain intervention, anesthesia, and physical therapy
- Expands patient access to quality care in the treatment of pain management and substance use disorder

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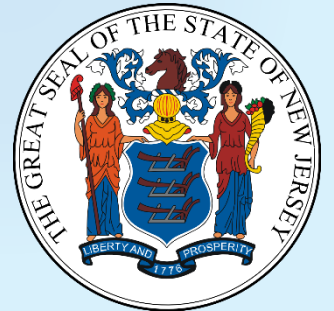
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